

## Year Two Syllabus

Month	Study Assignment
December	<ul style="list-style-type: none"> <li>🕒 Continue praying the Divine Office daily. (This is done EVERY MONTH.) You may use any passage in scripture.</li> <li>🕒 Continue the practice of <i>Lectio Divina</i>, using Norvene Vest's <i>Preferring Christ: "The Prologue,"</i> and "Foundational Matters."</li> <li>🕒 Begin reading <i>The Benedictine Handbook</i></li> <li>🕒 Read a segment of the Customary and a segment of the Rule of St. Mary's.</li> </ul>
January	<ul style="list-style-type: none"> <li>🕒 Read the initial material.</li> <li>🕒 Update and submit the Day Planner to the Sister-in-Charge by January 15th.</li> <li>🕒 Finish reading <i>The Benedictine Handbook</i> and submit reflection #1 to the Sister-in-Charge.</li> <li>🕒 Read a segment of the Customary and a segment of the The Rule of St. Mary's.</li> <li>🕒 Submit your monthly report and <i>Preferring Christ</i> worksheets by the first week of <b>next</b> month.</li> </ul>
February	<ul style="list-style-type: none"> <li>🕒 Begin reading <i>Sacred Reading, the Ancient Art of Lectio Divina</i></li> <li>🕒 Continue reading a portion of <i>Preferring Christ: "Monastic Virtues."</i></li> <li>🕒 Submit monthly report and <i>Preferring Christ</i> worksheet by the 1st of the next month.</li> </ul>

Month	Study Assignment
March	<ul style="list-style-type: none"> <li>● Complete <i>Sacred Reading, the Ancient Art of Lectio Divina</i> and submit Reflection paper #2 to the Sister-in-Charge.</li> <li>● Continue reading a portion of <i>Preferring Christ: "The Divine Office."</i></li> <li>● Submit monthly report and <i>Preferring Christ</i> worksheet by the 1st of the next month.</li> </ul>
April	<ul style="list-style-type: none"> <li>● Read <i>Ten Decades of Praise</i> and be prepared to discuss it at the next Oblate Study Meeting.</li> <li>● Continue reading a portion of <i>Preferring Christ: "Domestic Arrangements."</i></li> <li>● Read a segment of the Customary and a segment of the The Rule of St. Mary's</li> <li>● Submit monthly report and <i>Preferring Christ</i> worksheet by the 1st of the next month.</li> </ul>
May	<ul style="list-style-type: none"> <li>● Read <i>Saint Mary's: The Sewanee Sisters and Their School</i> and be prepared with any questions you might have at the next Oblate Study Meeting</li> <li>● Continue reading a portion of <i>Preferring Christ: "Lukewarmness and its Remedies."</i></li> <li>● Submit monthly report and <i>Preferring Christ</i> worksheet by the 1st of the next month.</li> </ul>
<p>Summer Period (June-August): You may choose <b>one month</b> when you take a vacation from whatever requirements you would like, except CSM retreat and Oblate Study Meeting in June.</p>	

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June	<ul style="list-style-type: none"> <li data-bbox="618 275 1300 352">● Attend CSM Gathering, retreat, and Oblate Study Meeting, (Second week of June)</li> <li data-bbox="618 394 1386 472">● Choose a book to read and write the 3rd reflection paper on from the Bible section</li> <li data-bbox="618 514 1382 667">● Continue reading a portion of <i>Preferring Christ</i>: “The Consecration of Mundane Activities.” Submit monthly report and <i>Preferring Christ</i> worksheet by the 1st of the next month.</li> </ul>
July	<ul style="list-style-type: none"> <li data-bbox="618 737 1386 856">● Choose a book to read and write the 3rd reflection paper on from the Bible (if you haven’t yet) or the Creed section (for 4th reflection paper)</li> <li data-bbox="618 898 1382 1052">● Continue reading a portion of <i>Preferring Christ</i>: “The Consecration of Mundane Activities.” Submit monthly report and <i>Preferring Christ</i> worksheet by the 1st of the next month.</li> </ul>
August	<ul style="list-style-type: none"> <li data-bbox="618 1123 1382 1201">● Begin reading <i>Centered on Christ: A Guide to Monastic Profession</i></li> <li data-bbox="618 1243 1382 1396">● Continue reading a portion of <i>Preferring Christ</i>: “The Consecration of Mundane Activities.” Submit monthly report and <i>Preferring Christ</i> worksheet by the 1st of the next month.</li> </ul>
September	<ul style="list-style-type: none"> <li data-bbox="618 1465 1386 1543">● Finish reading <i>Centered on Christ: A Guide to Monastic Profession</i> and submit 5th reflection paper.</li> <li data-bbox="618 1585 1386 1738">● Continue reading a portion of <i>Preferring Christ</i>: “A Few Final Guidelines for the Consecrated Life” Submit monthly report and <i>Preferring Christ</i> worksheet by the last weekend of November.</li> </ul>

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October and November	<ul style="list-style-type: none"> <li data-bbox="618 275 1386 352">🕒 Read <i>The Psalms and the Life of Faith</i> and complete the reflection paper.</li> <li data-bbox="618 401 1406 674"><b>Year Two Project:</b> Based on your readings and experiences for this year, write a Rule of Life to which you will commit. The Rule should include a scheduled work to be at the convent each year to live alongside the Community, time for prayer and retreat, study, service - <i>labora</i> for the Community and in your area, time for recreation and family time, and some financial support for the Community,</li> <li data-bbox="618 716 1292 793">🕒 Submit your Rule and your request to make your Oblation to the Sister-in-Charge</li> <li data-bbox="618 835 1284 913">🕒 Work with the Sister-in-Charge on the review of your work.</li> </ul>
December	<p data-bbox="618 961 1365 1039"><b>Oblate Reception Service at a Sunday Eucharist at the Convent.</b></p>