

Day Planner - Living an Intentional Life of Prayer

Enter a time of day for each of the Divine Offices, *Lectio Divina*, and study.
The rhythm of the day is to be constructed with the support of family and friends.

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30							
5:00							
6:30							
7:00							
8:00							
9:00							
10:00							
11:00							
12:00							
1:00							
2:00							
3:00							
4:00							

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00							
6:00							
7:00							
8:00							
9:00							
9:30							
10:00							